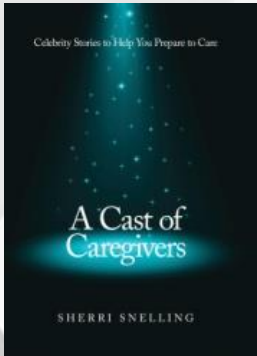


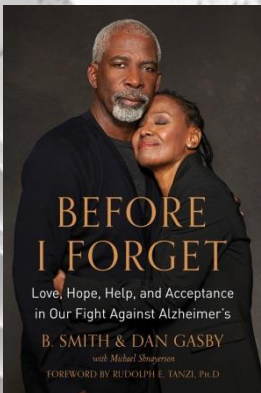
Booklovers List: Celebrity Caregiving Journeys



A Cast of Caregivers – Celebrity Stories to Help You Prepare to Care Sherri Snelling

Balboa Press, division of Hay House Publishers (2013)

Starting with celebrity caregiving stories including Holly Robinson Peete, Joan Lunden, Marg Helgenberger, Jill Eikenberry & Michael Tucker, Sylvia Mackey, Alan & David Osmond and Alana Stewart, it is also the “what to expect when you’re caregiving” sourcebook and a guide to self-care while caregiving.

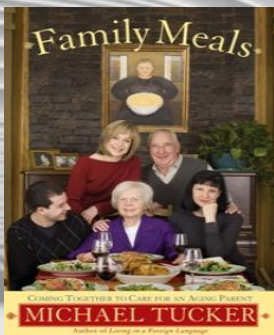


Before I Forget – Love, Help, Hope and Acceptance in Our Fight Against Alzheimer’s

B. Smith and Dan Gasby

Harmony (2016)

They had it all – a partnership of love and purpose building B. Smith into a lifestyle brand with restaurants, books, “Today” show cooking appearances, home goods -- until B. was diagnosed with early on-set Alzheimer’s at age 62. This book alternates between chapters written by Dan as B.’s husband and caregivers, and B.’s chapters capturing her last days of awareness that her memory is fading.



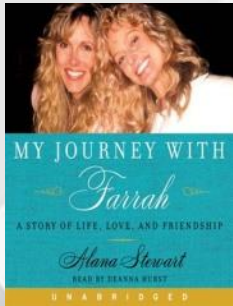
Family Meals – Coming Together to Care for an Aging Parent

Michael Tucker

Atlantic Monthly Press (2009)

A poignantly humorous look from actor Michael Tucker on how a marriage and family can survive and thrive as he tells the tale of caring for wife Jill Eikenberry’s mother with dementia.

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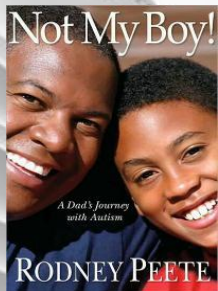


My Journey with Farrah – A Story of Life, Love and Friendship

Alana Stewart

Harper Collins (2009)

Alana Stewart tells her story of caring for best friend Farrah Fawcett putting her own life on pause for three years while they searched for a cure for Farrah's cancer. A powerful and emotional memoir of friendship.



Not My Boy! A Father, A Son and One Family's Journey with Autism

Rodney Peete

Hyperion (2010)

USC and NFL football star tells his emotional journey of coping with a son with autism and helping to create a new normal for his family. A dad's caregiving tale of understanding, strength and love.



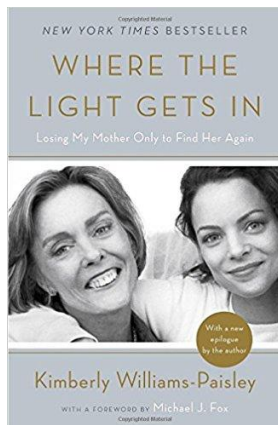
Then Again

By Diane Keaton

Random House (2011)

Actress Diane Keaton's love letter to her mom who taught her life's lessons even as her mom struggled with dementia at end of life. As upbeat as the actress herself, an insightful look into the Sandwich Generation of caregivers.

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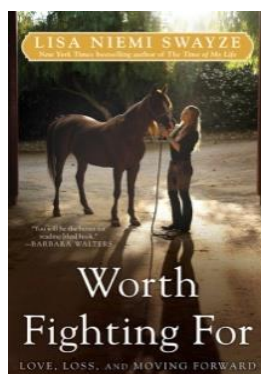


Where the Light Gets In - Losing My Mother Only to Find Her Again

By Kimberly Williams Paisley

Three Rivers Press (2017)

Kimberly Williams Paisley was a successful actress, married to country star Brad Paisley and raising her young family when her mother was diagnosed with a form of dementia. In this New York Times bestseller, she chronicles her mother's sad decline, her father's courage, her sibling's team approach to caregiving and the guilt, humor, and love of a Sandwich Generation caregiver.



Worth Fighting For – Love, Loss and Moving Forward

By Lisa Niemi Swayze

Atria Book, division of Simon and Schuster (2012)

A very real and very raw look at caring for husband actor Patrick Swayze while he battled pancreatic cancer. A lifelong love, Lisa shares how she managed to go on after losing her soul mate.