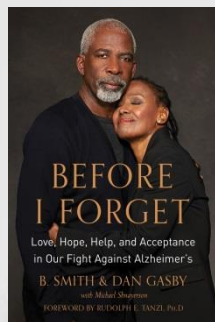


Booklovers List: Caregiving Books – Men as Caregivers



Before I Forget – Love, Help, Hope and Acceptance in Our Fight Against Alzheimer's

B. Smith and Dan Gasby
Harmony (2016)

They had it all – a partnership of love and purpose building B. Smith into a lifestyle brand with restaurants, books, “Today” show cooking appearances, home goods -- until B. was diagnosed with early on-set Alzheimer's at age 62. This book alternates between chapters written by Dan as B.'s husband and caregiver, and B.'s chapters capturing her last days of awareness that her memory is fading.



Mama Peaches and Me – Wit and Wisdom for Worn-Out Caregivers

By Christopher-Charles Chaney
After Midnight Productions (2016)

Upon retirement from corporate life, Christopher' became a caregiver to his mother, Odessa “Peaches” Chaney. His book offers insights into how to use wit, wisdom and humor to revive your spirit as a caregiver for a loved one. As a man of deep faith, he also shares his Caregiver's Prayer Toolbox to empower other caregivers to deal with grief and guilt.

What's the Deal with Caregiving?

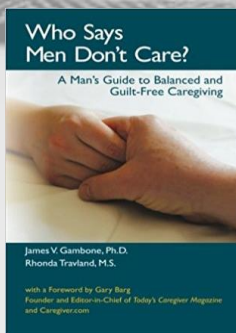
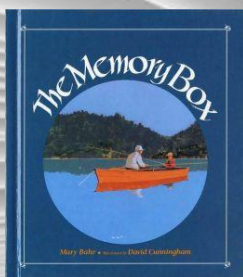
By Chris MacClellan
People Tested Media(2015)

Affectionately known as “The Bow Tie Guy,” Chris talks about his caring for his partner, Bernard Schiffer, about all the unknowns we face when we become caregivers. With personal anecdotes about maintaining sanity, health and humor, Chris shows us all how to tackle caregiving.

Who Says Men Don't Care?

By James Gambone and Rhonda Travland
Create Space (2011)

An in-depth look into the male psyche and role as caregiver to a loved one. Written by two scientific researchers, this book is written for men asking questions such as what type of caregiver are you? Are you the Manager, the Searcher, the Loner, the Techno-Virtual Caregiver, or some combination of all of the above?



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